

Checklist of questions to encourage “thinking slow.”

S L O W

Lets **slow** down a little and just review our decisions...

S	Sure about that? Why?	<input type="checkbox"/>
L	Look at the data, What is Lacking, does it all Link together ?	<input type="checkbox"/>
O	Opposite - What if the opposite is true?	<input type="checkbox"/>
W	Worst case scenario, What else could this be?	<input type="checkbox"/>

From O’Sullivan, E.D. & Schofield, S. J. (2019). ‘A cognitive forcing tool to mitigate cognitive bias—a randomized control trial,’ *BMC Medical Education* 19(12), <https://doi.org/10.1186/s12909-018-1444-3>. Unfortunately, the evidence from the article suggests the tool has limited efficacy, although it at least encourages decisions that are “less bad” (see p. 4). Moreover, the limited efficacy may owe to people **rushing through the questions on the checklist!** (see p. 5). Serious and slow use of the tool may well be efficacious, especially for the Opposite question (p. 4).